



Unleashing the Power of the Holy Spirit *Life in the Spirit*

2 Tim. 1:14

Guard the good deposit that was entrusted to you--guard it with the help of the Holy Spirit who lives in us.

Ephes. 4:30

And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption.

Psalm 51:11

Do not cast me from your presence or take your Holy Spirit from me.

Isaiah 63:10

Yet they rebelled and grieved his Holy Spirit. So he turned and became their enemy and he himself fought against them.

I. Conceiving of Spiritual Things

A. God is spirit

John 4:24

God is spirit, and his worshipers must worship in spirit and in truth."

B. You are a spirit, you live in a body and you have a soul

Zech. 12:1

The LORD, who stretches out the heavens, who lays the foundation of the earth, and who **forms the spirit of man within him**,

Luke 8:52-55

Meanwhile, all the people were wailing and mourning for her. "Stop wailing," Jesus said. "She is not dead but asleep." [53] They laughed at him, knowing that she was dead. [54] But he took her by the hand and said, "My child, get up!" [55] **Her spirit returned**, and at once she stood up. Then Jesus told them to give her something to eat.

C. Born of the Spirit

John 3:1-8

[3] In reply Jesus declared, "I tell you the truth, no one can see the kingdom of God unless he is born again." . . . [6] **Flesh gives birth to flesh, but the Spirit gives birth to spirit.** [7] You should not be surprised at my saying, 'You must be born again.' [8] The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit."

D. Your spirit is eternal

Luke 16:19-24

"There was a rich man who was dressed in purple and fine linen and lived in luxury every day. [20] At his gate was laid a beggar named Lazarus, covered with sores [21] and longing to eat what fell from the rich man's table. Even the dogs came and licked his sores.

[22] "The time came when the beggar died and the angels carried him to Abraham's side. The rich man also died and was buried. [23] In hell, where he was in torment, he looked up and saw Abraham far away, with Lazarus by his side.

[24] So he called to him, 'Father Abraham, have pity on me and send Lazarus to dip the tip of his finger in water and cool my tongue, because I am in agony in this fire.'

John 12:39-41

³⁹ For this reason they could not believe, because, as Isaiah says elsewhere: ⁴⁰ "He has blinded their eyes and deadened their hearts, so they can neither see with their eyes, nor understand with their hearts, nor turn--and I would heal them."

⁴¹ **Isaiah said this because he saw Jesus' glory and spoke about him.**

E. Spiritual Oppression

Mark 9:17-29

A man in the crowd answered, "Teacher, I brought you my son, who is possessed by a spirit that has robbed him of speech. [18] Whenever it seizes him, it throws him to the ground. He foams at the mouth, gnashes his teeth and becomes rigid. I asked your disciples to drive out the spirit, but they could not."

[19] "O unbelieving generation," Jesus replied, "how long shall I stay with you? How long shall I put up with you? Bring the boy to me."

[20] So they brought him. When the spirit saw Jesus, it immediately threw the boy into a convulsion. He fell to the ground and rolled around, foaming at the mouth.

[21] Jesus asked the boy's father, "How long has he been like this?"

"From childhood," he answered. [22] "It has often thrown him into fire or water to kill him. But if you can do anything, take pity on us and help us."

[23] "If you can?" said Jesus. "Everything is possible for him who believes."

[24] Immediately the boy's father exclaimed, "I do believe; help me overcome my unbelief!"

[25] When Jesus saw that a crowd was running to the scene, he rebuked the evil spirit. "You deaf and mute spirit," he said, "I command you, come out of him and never enter him again."

[26] The spirit shrieked, convulsed him violently and came out. The boy looked so much like a corpse that many said, "He's dead." [27] But Jesus took him by the hand and lifted him to his feet, and he stood up.

[28] After Jesus had gone indoors, his disciples asked him privately, "Why couldn't we drive it out?"

[29] He replied, "This kind can come out only by prayer."

Luke 13:10-16

On a Sabbath Jesus was teaching in one of the synagogues, [11] and a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all. [12] When Jesus saw her, he called her forward and said to her, "Woman, you are set free from your infirmity." [13] Then he put his hands on her, and immediately she straightened up and praised God.

F. Life in the Spirit

Galatians 5:13

You, my brothers, were called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love.

Galatians 6:7-10

Do not be deceived: God cannot be mocked. A man reaps what he sows. [8] The one who sows to please his sinful nature, from that nature will reap destruction; the one who sows to please the Spirit, from the Spirit will reap eternal life. [9] Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. [10] Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.

Prayer

Heavenly Father, you are my strength and my redeemer. In you I have life and hope. You watch over my days and provide for all my needs. I stand in your faithfulness and mercy. Today I rejoice in the majesty of my God. Let all the earth resonate with the praises of Almighty God. Let the name of Jesus be lifted high--in his name I pray, amen.